

V Vegetarian option

Menu may be subject to alteration, should we experience difficulty obtaining stock



An alternative of a jacket potato can be ordered for all year groups.

Please collect and return a form to the school office at the start of each half term.
Jacket potatoes cannot be ordered on the day.



Great value for money

A two course nutritionally balanced meal for **£2.70** represents excellent value for money.

Alternative daily desserts include:

Fruit yoghurt
Cheese and crackers

Special diets

Gluten and dairy free alternatives are provided.

Please complete a dietary request form; which is available via the school office.



Burstow Primary School

Lunch Menu



Summer / Autumn 2024

15th April 2024
To
25th October 2024

Menu Week 1

W/C: 15 Apr / 6 May / 3 Jun / 24 Jun / 15 Jul / 2 Sep / 23 Sep / 14 Oct

Monday

Pasta with tomato &
basil sauce
Garlic bread

Peas

Chef's vanilla sponge cake

Tuesday

Tortilla wrap
Chicken & mayonnaise
V Roast chickpeas

Sweetcorn

Chocolate brownie

Wednesday

Roast chicken
V Quorn chicken alternative

Roast potatoes, Yorkshire pudding,
Cauliflower and broccoli
Gravy

Fresh fruit

Thursday

Sausage in a bun
V Vegetarian sausage

Salad

Banana flapjack

Friday

Fish fingers
V Fishless fingers

Oven baked chips
baked beans

Jelly

Menu Week 2

Week starting: 22 Apr / 13 May / 10 Jun / 1 Jul / 9 Sep / 30 Sep / 21 Oct

Monday

Cheese tomato swirl

Baby potatoes
Peas

Chef's orange & courgette cake

Tuesday

Green pesto chicken pasta
(no nuts)

V Vegetarian steak strips

Garlic bread
Carrots
Chocolate cake

Wednesday

Roast gammon
V Quorn gammon alternative

Roast potatoes, Yorkshire pudding
Carrots and cauliflower
Gravy

Melon

Thursday

Bangers & mash
V Vegetarian sausage

Peas

Orange & mango iced smoothie

Friday

Pollock fillet
V Fishless fingers

Oven baked chips
baked beans

Fresh fruit

Menu Week 3

Week starting: 29 Apr / 20 May / 17 Jun / 8 Jul / 16 Sep / 7 Oct

Monday

Macaroni cheese

Cucumber & carrot

Chocolate cookie

Tuesday

Creamy tuna pasta bake
V Vegetarian steak strips

Garlic bread
Broccoli

Custard

Wednesday

Roast chicken
V Quorn chicken alternative

Roast potatoes, Yorkshire pudding,
Carrots and sweetcorn
Gravy

Orange segments

Thursday

Penne pasta with pork meatballs
And tomato sauce
V Vegetarian meatballs

Peas

Carrot cake

Friday

Breaded chicken
V Chicken free southern fried strips

Oven baked chips
baked beans

Fresh fruit